

Anne Easterling-Freifelder

Director

Anne Easterling-Freifelder is a master ballet teacher and choreographer. She has performed a wide range of both classical and modern work in the United States and in Europe. She has been a teacher of ballet and creative dance since 1997, and is the developer of a unique approach to ballet instruction. Ms. Easterling-Freifelder received her Master of Fine Arts Degree in Dance from New York University's Tisch School of the Arts. She is the author of *Discovering Ballet: A Guide for Teachers of Young Children*.

"In Ms. Easterling's class, I have discovered how to dance freely while being technically correct. She pushes me to do challenging exercises and asks me to search my imagination and try things that I think are impossible." - Lydia Churchill



The Ballet Club is different:

The Ballet Club was founded by Anne Easterling-Freifelder in 2011. Unlike the traditional approach to ballet instruction, our approach with our students is to stress:

- Individuality
- Creativity
- Focused learning / focus on potential for growth

We offer a unique curriculum developed by the director.

We have a permanent, dedicated staff.

Our Approach to Ballet Instruction:

- Includes integrating traditional techniques along with new approaches that bring the art form forward and make it more accessible.
- an innovative but classical approach
- Single instructor classrooms, concentrating student attention
- Promote focused learning
- Provide a holistic approach to ballet instruction
- Provide a non-judgmental, open environment which recognizes that the needs and skills of each child differ
- Recognize and develop talent
- Unique curriculum is designed to engage all students in a positive and joyful way

The Ballet Club is a school where children are going to be assessed as individuals and have an opportunity to grow on their own terms.



Photo: Jaqlin Medlock



The Ballet Club Performing Arts Pre-Professional Division



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328 East 61st Street, Second Floor

New York, NY 10065

917-281-1030 Studio

917-281-1032 Fax

212-204-6348 alternate PH

www.theballetclub.com

info@theballetclub.com

Offerings

Ballet Technique

The training follows the curriculum and syllabus designed by Ms. Easterling-Freifelder and places great emphasis on clean technique, proper alignment, and musicality. There is also a strong focus on development of strength and precision. The class incorporates classical technique with a modern approach and is accessible to both classical and non-classical dancers.

Workshop

Workshops include technique, choreography, and creative work.

Pointe

Pointe barre, center work, and across the floor, with emphasis placed on the articulation and detail of footwork. Students must have sufficient training and proper foot structure to participate.



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About the Program...

The Ballet Club's Performing Arts Pre-Professional Division is a program for students ages 6 going on 7 and older that strives to provide the very best quality of ballet training, instilling in students a love of learning and an ability and desire for life-long practice of ballet. The PAPP Division provides students with an outstanding opportunity to excel and become fluent in ballet, with an emphasis on technique, creativity, choreography, and performance. Performance opportunities include The Nutcracker project and featured roles in the Spring Shows, including the creation of an original ballet that incorporates student choreography.

The Ballet Club has a holistic approach to training, in which students master ballet as a tool for their own creative expression, with an emphasis on healthy training for both the body and for the mind. The training incorporates classical technique with a modern approach and is accessible to both classical and non-classical dancers. Class size is limited to ensure individual attention.

Levels are skill-based with Level E requiring basic skill level, and progressing to more advanced levels.

Prospective students should take a placement class before registering.
Call 917-281-1030 or 212-204-6348 to inquire about class placement.

Visit www.theballetclub.com

Class Attire

girls: leotard, tights, ballet shoes
 hair neatly secured away from face in a bun
 boys: snug shirt, tights or leggings, ballet shoes

SCHEDULE for WINTER/SPRING TERM, 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00-1:00 PM BALLET LEVEL B & B SR						
1:00-2:00 PM POINTE LEVEL B SENIOR			4:30-6:00 PM BALLET LEVEL D & D SENIOR	4:30-6:00 PM BALLET LEVEL E & E SENIOR		2:00-4:00 PM OR 3:00-5:00 PM PAPP SELECT WORKSHOP
2:00-4:00 PM BALLET LEVEL E & E SENIOR	5:30-7:30 PM BALLET LEVEL B & B SR GP A	5:30-7:30 PM BALLET LEVEL C	6:00-8:00 PM BALLET LEVEL B & B SENIOR	6:00-8:00 PM BALLET LEVEL C	5:00-7:00 PM BALLET LEVEL B & B SR GP B	
4:00-6:00 PM BALLET LEVEL D & D SENIOR						